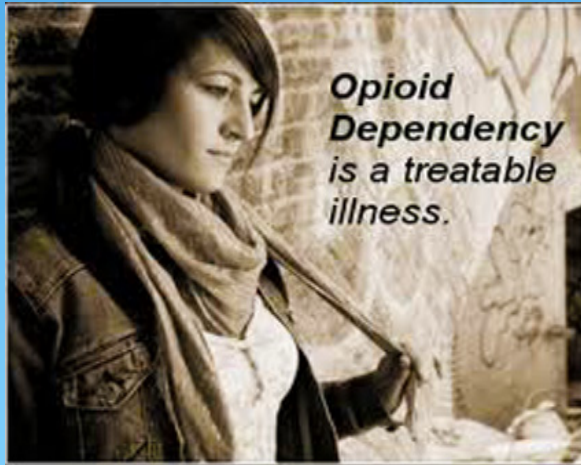


METHADONE ASSISTED RECOVERY SERVICES



Methadone Assisted Recovery Services Intake Process

- * Client does not have to be the one to initiate services, although attendance and retention is more likely if client is involved in the process to begin with.
- * Brief interview is conducted to gather information such as current substance use, social history, and/or other major health concerns.
- * Make appropriate referrals if Methadone Maintenance Therapy is inappropriate.

Purpose of Intake Process

- * Identify opiate use problems client is facing
- * To begin stabilization process (Detox, treatment, crisis management etc.)
- * Develop Rapport and Trust
- * Engage clients to participate in further recovery planning.

CLIENT CENTERED ASSESSMENT

- * We listen to what is important to the client, and outline what they can expect from MMT and the expectations of the program.
- * Using motivational interviewing we establish goals that are determined in a collaborative way, with a plan for achieving those goals.
- * We practice harm reduction through a strength based, recovery oriented approach.

TOOLS USED IN ASSESSMENT

AT MARS we have a screening/ assessment process that considers:

- * Readiness to change
- * Previous attempts to change
- * Problematic use and severity
- * Identification of problematic areas for further assessment e.g. chronic pain, infectious diseases.
- * Treatment planning
- * Suicide Screening Assessment

Considerations Used In Assessments contd.

- * Major life events
- * Client history (including physical and mental health, current meds, social history e.g. prevalence of addiction in the family. If they have any children)
- * Protective and environmental factors

CRITERIA FOR NEW PATIENTS, NOT YET ON METHADONE

* The patient must want to be treated

- * Physical Dependency / Addiction must be established
- * Evidence of extensive past and/or current opioid use **and:**
 - * Unsuccessful attempts at personal withdrawal
 - * Unsuccessful attempts at structured, residential detox and/or unsuccessful treatment attempts
 - * Bloodwork, ECG and Urine sample Must be provided to begin treatment
- * **Previous unsuccessful methadone treatment should not exclude a patient from further MMT.**

Methadone and Pregnancy

- * Pregnancy is prioritized
- * Purpose: to create a stable environment throughout the pregnancy and to improve maternal and neonatal outcomes
 - * Decreased exposure to blood borne diseases
 - * Decreased risk of premature labor, low birth weight, miscarriages and stillbirths
 - * Improved nutrition, and ability to make healthy lifestyle changes
 - * Engagement in addictions counselling

When Is MMT not Appropriate

- * When detox and treatment may be more appropriate, the client may be asked to explore these options before initiating MMT
- * When client uses stimulants exclusively

THANK YOU

HAVE A GREAT DAY AND ENJOY
THE REST OF THE CONFERENCE

